

### *Exploring Indigo and Shibori*

4 hours, up to 8 people, \$800

Join Aaron Sanders Head for a day getting to know your indigo vat! Aaron will share his knowledge on Indigo, a fascinating plant with a complex history, and Shibori, a Japanese manual resist technique for creating complex, unique patterns on fabric. Participants will first learn how to dye natural fiber goods with indigo and how to maintain vats for longest lasting color. Participants will then learn several resist and shibori techniques, with a concentration on folded, tied and clamped resist.

The instructor will provide a ½ yard of fabric per student for experimentation, but participants should bring their own goods to dye. Goods from home should be made from natural fibers, and cellulose (cotton, linen) accepts color best. Pre-wash all fabric in hot water before the workshop.

Participants should wear old clothing that can be stained, including shoes, or bring an apron. Participants should bring a pair of rubber gloves with a high sleeve, like dishwashing gloves.